



Clover Connection

Cooperative Extension Service

Washington County
245 Corporate Drive
Springfield, KY 40069
859-336-7741
Fax: 859-336-7445
www.ca.uky.edu/ces

January 2023

National 4-H Congress

During the week of November 25th through November 29th Andrea Cooksey and Morgan Thompson attended National 4-H Congress in Atlanta, Georgia. On the first day they took time flying from Kentucky to Atlanta then rode a subway to the Hyatt Regency hotel and got settled in. They attended an open assembly followed by meeting other 4-H members throughout the United States. Lastly, they attended their state meeting that night. On Saturday, November 26, 2022 they started their morning bright and early to attend an opening assembly, then attended four workshops, an international dinner and dance, and a state meeting. On Sunday morning, the delegates attended a flag ceremony, two educational workshops, visited the Atlanta Aquarium and the World of Coke, and ended the night with a state meeting. Then, on Monday November, 28th, they spent their morning doing community service, attended a board of reception, and the Congress Gala. On the last day, these young ladies loaded up their baggage and flew home. This was an amazing opportunity to experience 4-H National Congress and the memories and friends that were made will forever be cherished.

Inside:

National 4-H Congress

Club Meetings

Written Communication Contest

4-H Camp

Teen Summit

Junior Leadership

At the Extension Office



Project Clubs

Join for the 2022-2023 project year!

4-H Sharpshooters

Shooting Sports Club

It's the start of 4-H Shooting Sports season! Monthly meetings start January 17th. That meeting is required of all members and will start at 6:30 at the Washington County Extension Office.

REMIND: @4htarget21 to 81010



4-H Hooves & Horns

Livestock Club

Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday every month at the Washington County Extension Office at 7:00. Their next meeting is January 31st at 6:30.

REMIND: @salty2020 to 81010



4-H Country Ham Project

Country Ham

Starting Martin Luther King Day we will begin curing our hams for the Kentucky State Fair! Please make sure you are on our Remind group so we can keep you up to date on ham delivery times for our ham curing on January 16th. Their club meeting is January 31st at 6:30.

REMIND: @salty20 to 81010



4-H Teen Advisory Council

7th grade & up!

This club is only for our teens! We do community service, fundraising, and trips. Then our next meeting is January 4th from 4:00-5:00. We will be planning our upcoming Safety Day project!

REMIND: @wc4hteen to 81010



4-H Best Sew-ers in Town

Sewing Club

These folks have great talent! Get ready to make some beautiful masterpieces in the next couple months! Please check that you are interested on our enrollment form for information as it comes available!

REMIND: @4hsew22 to 81010



4-H Young Riders Club

Horse Club

If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. Their next meeting is January 16th. Their meeting is at 6:30.

REMIND: @wchorse2 to 81010



If you are interested in one of these clubs but have not completed an enrollment form, please email melissa.schenck@uky.edu with questions!

HOLIDAY ASSISTANCE



The 4-H Teen Advisory Council set out to assist with the county Holiday Assistance Program. Our 4-H'ers set up the Extension Office for presents for 338 kids in Washington County, assisted in sorting and checking off gifts that have come in, and shopped for tags that were not fulfilled. Special shoutout to these 4-H'ers for helping with their project; Lucas Brothers, Jacob Piasecki, Isabella Piasecki, Andrea Cooksey, Morgan Thompson, Alivia Barnes, and Katlynn Metcalf.

TRUTH & CONSEQUENCES

Every year we partner with several agencies and volunteers to put Truth & Consequences. This program invites the county freshman to the county court house to learn about some choices they make and the consequences they may have to face.



KEYCHAINS!



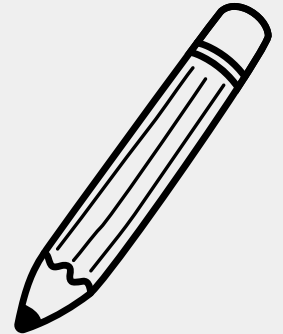
Support the Kentucky 4-H State Teen Council and get this stamped leather keychain! Order yours at the Washington County Extension Office for \$6!

WRITTEN COMMUNICATION CONTEST

Want to express your thoughts but don't want to give a speech? The Written Communication Contest is for you! 4-H'ers from 9-18 can show off their passion for writing.

Categories include:

- Songwriting
- Poetry
- Original Monologue
- Press Release
- Public Service Announcement
- "What 4-H Means to Me" Essay



Entries are due **February 17** by emailing Melissa.schenck@uky.edu or dropping a typed paper copy off at the Washington County Extension Office.

VOLUNTEERS WANTED:

Do you have a passion that you would like to see passed on to the next generation? From cooking to robotics and woodworking to photography, 4-H has a place for you to share your skills and enthusiasm. Requests have been made for several clubs, most commonly a 4-H Cooking Club. We are searching for a volunteer interested in leading a cooking club with our youth! For more information, please contact Melissa at melissa.schenck@uky.edu or call the Washington County Extension Office.



Washington County 4-H
Presents

4-H



CAMP

JUNE 20-23RD

AT LAKE CUMBERLAND

4-H Camping Center

SAVE THE DATE

We will zipline, canoe, craft, Sally and more at the picturesque Lake Cumberland 4-H Camp! Registration will open soon but for now be sure to save the date!

ADVENTURES. FRIENDS. MEMORIES. CAMP

REGISTRATION OPEN SOON!

(859) 346-7741

www.washington.ca.uky.edu

Melissa.schenck@uky.edu



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



4-H SUMMIT

MIDDLE SCHOOL LEADERSHIP CONFERENCE

MARCH 16-18

MEET MIDDLE SCHOOLERS FROM ACROSS
THE STATE! CHOOSE WORKSHOPS OF INTEREST
TO YOU, PARTICIPATE IN A COMMUNITY
SERVICE PROJECT AND MUCH MORE!

If you're interested in attending please contact Melissa at
Melissa.schenck@uky.edu for a registration packet.



Washington County Junior Leadership

Purpose

The purpose of the Washington County Junior Leadership program is to provide students the opportunity to learn more about their leadership skills and how to refine and utilize these leadership skills for success in the future. Acceptance to this program is application based. Any 7th grade student within Washington County is welcome to apply.



**Scan this
code to apply**

DUE: January 17, 2022

Scan & complete the Google Form to apply! Please be complete in your answers. A select number of youth will be selected by a committee reviewing these applications.



**This program is free for
participants and held
during school hours.**

- February 28th
- March 14th
- March 21st

Melissa Richardson: melissa.schenck@uky.edu
Cabrina Buckman: cabrina.buckman@uky.edu
Allison Carney: allison.carney@washington.kyschools.us

At the Extension Office...

We have activities for youth,
adults, and families!

ON AIR

Listen weekly for tips on 100.9.
Our office also has a weekly
radio show on the same
station at about 8:20 every
Tuesday morning!

Controlling Weeds in Hay & Pasture Fields

Get a jump start on preparing your pastureland in 2023! On January 10th at 6 PM Dr. JD Green from the University of Kentucky will be joining us to talk about common weeds, how to treat them, with what, and when before they become an issue in your Spring and Summer fields. To join in, call Taylor at the Washington County Extension Office at (859) 336-7741 or email james.morgeson@uky.edu

Wheelbarrow Series

Get ready for a whole year of classes to help you with your home garden through our Gardener's Wheelbarrow series. A catalog of classes will be available at the end of January. To get a catalog stop by our office or call us at (859) 336-7741 or email james.morgeson@uky.edu

Venison Chili



Ingredients:

- 1 pound ground venison
- 1 large onion, chopped
- ½ green pepper, chopped
- 2 tablespoons vegetable oil
- 1 (16 ounces) can diced tomatoes
- 2 (16 ounces) cans chili beans, undrained
- 1 (8 ounces) can tomato sauce
- 1 bay leaf
- ½ teaspoon salt
- ½ teaspoon cumin
- ½ teaspoon garlic powder
- 1 tablespoon chili powder
- Black pepper to taste

Directions:

In a Dutch oven or large skillet, brown meat, onion, and green pepper in vegetable oil. Add remaining ingredients. Simmer 1 hour on low heat, stirring frequently. Remove bay leaf before serving.

Nutritional Facts / Serving:

190 calories; 4.5g total fat; 1g saturated fat; 0g trans fat; 40mg cholesterol; 640mg sodium; 20g carbohydrate; 2g fiber; 4g sugars; 16g protein; 0% Daily Value of Vitamin D; 6% Daily Value of Calcium; 15% Daily Value of Iron; 10% Daily value of Potassium