



Clover Connection

Cooperative Extension Service

Washington County
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Springfield, KY 40069
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www.ca.uky.edu/ces

March 2023

Central Area Teen Excursion

On President's Day 4-H'ers from across the Central Area joined together for the first event of the new Central Area 4-H Teen Council. 4-H'ers toured the Vietnam Wall replica and the Veteran's Tribute inside the Elizabethtown Veteran's Park. Following the tour, the youth and their agents spent the day fellowshipping with their new peers, discussing future plans for the group, and competing in various contests. The next event of the Council is still in it's planning stages but if you are a 4-H'er age 13-18, contact Melissa at melissa.schenck@uky.edu for more information.



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Project Clubs

Join for the 2022-2023 project year!

4-H Sharpshooters

Shooting Sports Club



It's the start of 4-H Shooting Sports season! Monthly meetings start March 21st. That meeting is required of all members and will start at 6:30 at the Washington County Extension Office.

REMIND: @4htarget21 to 81010

4-H Country Ham Project

Country Ham



Our hams are in the ham house curing! Members should be starting on their speeches as the first speech practice day will be May 9th. Their club meeting is March 28th at 6:30.

REMIND: @salty20 to 81010

4-H Best Sew-ers in Town

Sewing Club



These folks have great talent! Members who selected that they were interested in Sewing on their enrollment form received a packet in the mail to register for Sewing Club this year. This year they will start sewing in March and will meet weekly on Thursdays at 4:00.

REMIND: @4hsew22 to 81010

4-H Hooves & Horns

Livestock Club



Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday every month at the Washington County Extension Office at 7:00. Their next meeting is March 28th at 6:30.

REMIND: @salty2020 to 81010

4-H Teen Advisory Council

7th grade & up!



Our next meeting will be April 5th from 4:00-5:00. We will be learning about an upcoming retreat, planning Safety Day, and passing out Camp Teen Leader Applications!**REMIND: @wc4hteen to 81010**

4-H Young Riders Club

Horse Club



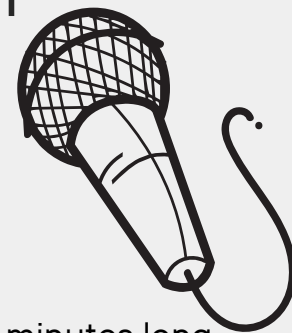
If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. Their next meeting is March 20. Their meeting is at 6:30. **REMIND: @wchorse2 to 81010**

If you are interested in one of these clubs but have not completed an enrollment form, please email melissa.schenck@uky.edu with questions!

New and upcoming!

COUNTY SPEECH CONTEST

It's that time of year again to start writing your 4-H Speeches! Speeches can be done about a wide variety of topics from your hero, your camp experience, or an impactful moment in your life. Be creative and speak about something you are interested about!



Speeches by Senior youth (Youth Born 2004-2008) must be between 5 to 7 minutes long.

Speeches by Junior youth (Youth born 2009-2013) must be between 3 to 5 minutes.



The County Contest is Thursday, March 30th, 2023 at 6:30 PM at the Washington County Extension Office. Participants **MUST REGISTER** by Friday, March 24th.

Register by completing the online registration form attached to the QR code.

Winners will receive a cash prize!



SUNFLOWER CONTEST

This summer a new contest is coming to Washington County! We will be challenging our youth and adults to put their gardening skills to the test with a Sunflower Growing Contest. Information and seeds will be distributed at a sunflower growing class before the contest begins. Save the date for April 24th and wait for more information to follow!



DORRIN AND RUTH ROSS SCHOLARSHIP

The Dorrin and Ruth Ross Scholarship is now open for 2023. Candidates must be a graduate of Washington County High School or a past or present member of Washington County 4-H or FFA. Applications are due March 15, 2023 and must be completed online. Scan the QR code here for a direct link to the applications!



Teen Leadership

Teen Leadership Washington County took to the State Capitol last month to learn about our government and the impact from our local elected officials. TLWC is for Washington County Juniors. Applications for next year's class will be open soon!



Reality Store -North Washington-

The Reality Store is a financial simulation that allows students to learn more about career planning, money management, and decision making. 8th Graders from North Washington completed the simulation on February 28th. Washington County Middle and St. Dominic 8th grade will complete the simulation on March 9th.

Washington County 4-H
Presents

4-H



CAMP

JUNE 20-23RD

AT LAKE CUMBERLAND
4-H Camping Center

We will zipline, canoe, craft, Sally and more at the picturesque Lake Cumberland 4-H Camp! Registration will open soon but for now be sure to save the date!

ADVENTURES. FRIENDS. MEMORIES. CAMP

REGISTRATION OPENS MARCH 8TH!

(859) 336-7741

www.washington.ca.uky.edu

Melissa.schenck@uky.edu



Washington County 4-H
Presents

CAMP COUNSELORS

CIT's and Teens!

DO YOU WANT TO BE A TEEN COUNSELOR AT CAMP?

CAMP COUNSELOR APPLICATIONS ARE OPEN NOW

Camp doesn't have to end at 14 years old! Those who are 15-17 years old can apply to attend camp as Counselors! Keep in mind that applying to be a Counselor can be competitive and we can only take a limited number so be sure to fill out the application thoroughly!

APPLICATIONS ARE DUE MAY 1

<https://forms.gle/CdNetRYXx3MuzEPd9>



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3-DAY COOKING CAMP

SHINE IN THE KITCHEN WITH YOUR NEW COOKING SKILLS!

Have you dreamed of having your own restaurant or cooking show? Maybe you just want to learn how to make a tasty afterschool snack for friends. Join us for the Super Star Chef cooking camp for participants ages 9 to 12. No previous cooking experience required for this free program, where you will receive cooking tools and learn how to:

- Master a variety of cooking techniques, like chopping, dicing, blending, folding and whipping.
- Make homemade meals like fiesta dip, fruit and yogurt parfaits, pizza, carrot muffins and more!
- Discover foods that fuel your body and energize you.
- Learn how to read a nutrition facts label and what it takes to be “food safe”!



DATE: April 3, 4, and 5

**TIME: 10am-2pm
(lunch will be provided)**

**LOCATION: Washington
County Extension Office
245 Corporate Drive
Springfield, KY 40069**

**TO SIGN UP, CONTACT
Extension: 859-336-7741**



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KENTUCKY 4-H TEEN CONFERENCE

JUNE 13-16
2023
AT UNIVERISTY
OF
KENTUCKY



#CELEBRATEKY4H

EDUCATIONAL
MAJORS
&
LEADERSHIP
MINORS

COMMUNITY
SERVICE

- CLOVERFEST
- DANCE
- FASHION REVIEW
- PERFORMING ARTS SHOWCASE

June 13-16, 2023



At the Extension Office...

We have activities for
youth, adults, and families!

Wheelbarrow Series

Our annual Wheelbarrow Series Catalog is officially out! From February to October we have 22 classes offered for individuals to learn more about gardening and horticulture.

Tomatoes, grapes, Holiday cactuses, hydrangeas are only a few of the topics to be covered. Several classes will take home plants and seeds for their gardens. Contact Dennis at the Washington County Extension Office at (859) 336-7741 or email james.morgeson@uky.edu to get a catalog and get signed up!

MONEY FOR FARM IMPROVEMENTS

KADF

KENTUCKY AGRICULTURAL
DEVELOPMENT FUND

Eligible Investment Areas:

*Agricultural Diversification
AgTech & Leadership Development
Large Animal - Small Animal
Farm Infrastructure
Fencing & On-Farm Water
Forage & Grain Improvement
Innovative Ag. Systems
On-Farm Energy
Poultry & Other Fowl
Value Added & Marketing*

Administered by
**Washington County Soil
Conservation**
462 Lincoln Dr.
Springfield, KY, 40069
(859) 336-7777

Dana.shewmaker@ky.nacdnet.net

COUNTY AGRICULTURAL INVESTMENT PROGRAM (CAIP)

Applications are available for Washington County's CAIP to assist farmers in making important farm investments.

Application Period:

April 10th through April 21st, 2023

***No applications will be accepted before
April 10th or after April 21st***

Application Availability:

**Natural Resources Conservation Office
Monday – Friday (8:00 a.m. – 4:30 p.m.)**

For More Information:

**Contact Dana Shewmaker at (859) 336-7777 or
email dana.shewmaker@ky.nacdnet.net**

*All applications are scored, based on the scoring criteria
set by the Kentucky Agricultural Development Board.*



CATCH OF THE DAY BURGER

Ingredients

- 1 quart boiling water
- 1 ½ pounds boneless white fish
- 3 eggs, beaten
- 1/3 cup grated Parmesan cheese
- 1 tablespoon chopped fresh parsley
- 1 clove finely chopped garlic or ½ teaspoon garlic powder
- ½ teaspoon salt
- ¼ teaspoon pepper
- ½ cup dry panko breadcrumbs
- ¼ cup vegetable oil
- 6 toasted whole wheat buns
- 1/8 cup tartar sauce (optional)

Directions: Bring 1 quart of water to a boil. Place fish fillets in boiling water. Cover and return to boil. Immediately lower heat and simmer for 7 to 10 minutes or until fish flakes apart easily with a fork. Drain and flake fish. In a bowl, mix beaten eggs, cheese, parsley, garlic or garlic powder, salt, and pepper together. Combine with fish. Stir just until blended. Chill in refrigerator for at least one hour. Shape chilled mixture into 6 patties and roll in breadcrumbs. Heat oil in skillet over medium heat. Carefully place fish patties in pan. Cook the patties for 3 minutes on each side or until browned, turning only once. Drain on paper towels. Serve on toasted buns. Optional: add tartar sauce. Note this will increase sodium.

Nutrition Facts per Serving: 520 calories; 23g total fat; 5g saturated fat; 0g trans fat; 150mg cholesterol; 710mg sodium; 41g total carbohydrate; 5g total sugars; 36g protein; 10% DV vitamin D; 15% DV calcium; 15% DV iron; 8% DV potassium



Listen weekly for tips on 100.9. Our office also has a weekly radio show on the same station at about 8:20 every Tuesday morning!