



Clover Connection

Cooperative Extension Service

Washington County
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November/December 2022

4-H Horse Club Serves Others

The Washington 4-H Young Riders is our club dedicated to learning about horses but they keep our mission to pledge our "hands to larger service" close to their hearts! They regularly collect items for women's shelters, serve at soup kitchens, and raise money for hospitals. Most recently they visited Access Soup Kitchen and Men's Shelter in Frankfort. Enrollment in this group is open year round. To stay up to date on this club be sure to follow their Remind by texting @wchorse2 to 81010.



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At the Extension Office

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Project Clubs

Join for the 2022-2023 project year!

4-H Sharpshooters

Shooting Sports Club

Registration for the 2022-2023 year has started and will run through December 9th. If you have not received a registration packet for Shooting Sports and would like one, please contact our office.

Monthly meetings start in January.

REMIND: @4htarget21 to 81010



4-H Hooves & Horns

Livestock Club



Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday every month at the Washington County Extension Office at 7:00. Their next meeting is November 29th.

REMIND: @salty2020 to 81010

4-H Country Ham Project

Country Ham



Starting Martin Luther King Day we will begin curing our hams for the Kentucky State Fair! Registrations have been mailed out. If you did not receive one and need one please contact our office. The next meeting is November 29th.

REMIND: @salty20 to 81010

4-H Teen Adventure Club

7th grade & up!



This club is only for Teens devoted to experiencing new things! Our next meeting is November 2nd from 4:00-5:00 and we will be working on 4-H Achievement applications

REMIND: @wc4hteen to 81010

4-H Best Sew-ers in Town

Sewing Club



These folks have great talent! Get ready to make some beautiful masterpieces in the next couple months! Check that you are interested in enrollment fees

REMIND: @4hsew22 to 81010

4-H Young Riders Club

Horse Club



If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. Their next meeting is November 21st. Their meeting is at 6:30. PLEASE NOTE THAT THEIR REMIND CODE HAS CHANGED!

REMIND: @wchorse2 to 81010

Please note that registration packets for Shooting Sports and Country Ham are due Dec 9th! Email Melissa.schenck@uky.edu with questions!

New and upcoming!

WASHINGTON COUNTY HOLIDAY ASSISTANCE

The Washington County FRYSC partners with the Washington County Extension Office to facilitate the county-wide Holiday Assistance Program. The deadline for applications has already passed and soon the assistance tags for our youth in need will be passed through the counties through churches, schools, community groups, and stores. Christmas items and tags for the Holiday Assistance program will have to be returned by December 9th!

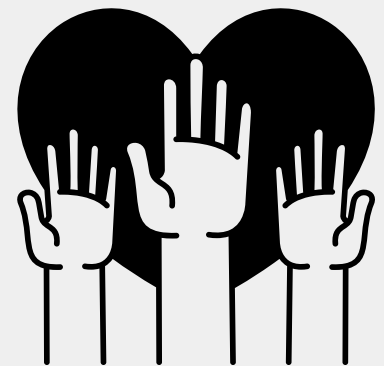
4-H ACHIEVEMENT PROGRAM

The 4-H Achievement Program is intended to recognize 4-H participants who have outstanding accomplishments and incentivize youth to increase their knowledge, skills, and abilities. An application is utilized to help youth compile their involvement and leadership through the course of their 4-H career. Most recently in Washington County, success with this program has paid for two youth to attend the Teen Conference for free and provided most of the funds for them to attend the National 4-H Congress in Atlanta, Georgia. This year's Achievement Applications are due via email to Melissa.schenck@uky.edu by **November 25th**.



VOLUNTEERS WANTED:

Do you have a passion that you would like to see passed on to the next generation? From cooking to robotics and woodworking to photography, 4-H has a place for you to share your skills and enthusiasm. Requests have been made for several clubs, most commonly a 4-H Cooking Club. We are searching for a volunteer interested in leading a cooking club with our youth! For more information, please contact Melissa at melissa.schenck@uky.edu or call the Washington County Extension Office.



At the Extension Office...

We have activities
for youth, adults,
and families!

Controlling Weeds in Hay & Pasture Fields

Get a jump start on preparing your pastureland in 2023! On January 10th at 6 PM Dr. JD Green from the University of Kentucky will be joining us to talk about common weeds, how to treat them, with what, and when before they become an issue in your Spring and Summer fields. To join in, call Taylor at the Washington County Extension Office at (859) 336-7741 or email james.morgeson@uky.edu

Winter Feeding Facilities

Learn helpful tips to prepare your livestock for the cold months ahead by attending this evening program! This will be hosted at the Washington County Extension Office and will be taught by UK Biosystems Engineering specialist, Dr. Morgan Hayes. This program is approved for a CAIP Educational Hour and will take place on November 22nd at 6 P.M. Please register by calling Taylor at (859) 336-7741 or email taylor.graves@uky.edu

BIBQ Venison Meatballs

ON AIR

Listen weekly for
tips on 100.9. Our
office also has a
weekly radio show
on the same
station at about
8:20 every
Tuesday morning!



Directions:

Combine venison, milk, oats, onion, salt, and pepper in a large bowl. Use a sturdy spoon or clean hands to mix well. Shape meat mixture into 12 1-inch balls, and place in a shallow 9-by-13-inch baking pan. *Combine all the sauce ingredients in a bowl and stir well. Pour sauce over meatballs. Bake uncovered at 350 degrees F for 1 hour, turning over twice.

Nutritional Facts / Serving:

160 calories, 3g total fat, 1g saturated fat, 0g trans fat, 65mg cholesterol, 220mg sodium, 14g total carbohydrate, 1g dietary fiber, 6g total sugars, 3g added sugars, 20g protein, 0% DV vitamin D, 4% DV calcium, 15% DV iron, 6% DV Potassium

Ingredients:

- 1 pound ground venison (may substitute elk or beef)
- ½ cup 2% milk
- ¾ cup rolled oats
- ½ cup minced fresh onion
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- Sauce
 - *1 cup ketchup
 - *½ cup water
 - *½ cup grated onion
 - *2 tablespoons vinegar
 - *¼ cup brown sugar
 - *¼ teaspoon black pepper